

NCAA Eligibility Tracker
Division 1 Eligibility

The guidelines on this form are only applicable to students who graduate on time, within four years, and with their original high school class. The document is intended to assist the Student-Athlete in tracking their progress, but ultimate eligibility is determined by the NCAA. The NCAA eligibility information can be found at ncaa.org/hportal/exec/links?linksSubmit>ShowActiveLinks

The NCAA bases athletic eligibility on Core Credit GPA, not cumulative GPA as is commonly seen on your transcript. This tracker is intended to help you calculate your Core Credit GPA, and determine the SAT or ACT test score needed to be cleared for full NCAA Eligibility.

Notes to consider before utilizing the tracker:

- Since Issaquah High School is on the Semester system, each GPA score box, (labeled term +#), represents one class, worth one half credit. If your courses are worth less or more than a half credit, make the necessary adjustment in the tracker. For example, if you take a class worth one full credit, include the GPA score in two boxes.
- For each semester completed, fill in the GPA score for each letter grade into one of the 'term' boxes. Use the following scores:
A=4, A- = 3.7, B+=3.3, B=3, B-=2.7, C+=2.3, C=2, C-=1.7, D+=1.3, D= 1, D-=0.7
- Highlight 20 boxes to lock in your 10 core credits, which must be completed before your Senior year begins.
- For all student-athletes enrolling in college beginning in fall 2016, the minimum GPA for Freshman Year Athletic Eligibility is 2.3. Those with a 2.0-2.3 GPA will be labeled as 'Academic Redshirts,' who may attend school, but are not eligible to participate in NCAA athletics. 2.0-2.3 GPA scores on the sliding scale are in red.
- You may *replace* GPA scores if you retake a course, but you may *not* count a course twice if you retake a class. You also may not replace a course that is retaken during your senior year, if that course is one of the ten core credits that is locked in after your junior year.
- You may substitute courses for classes with better grades if you have an excess of credits.
- If you are unsure whether a specific course you are taking satisfies NCAA requirements, ask your counselor.

English

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Term 7	Term 8

English Credits Earned

out of 4.

Math (Algebra 1 or Higher)

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6

Math Credits Earned

out of 3

Physical/Natural Science (If your school has lab sciences, one full credit must be a lab Science)

Term 1	Term 2	Term 3	Term 4

Science Credits Earned

out of 2.

Social Science

Term 1	Term 2	Term 3	Term 4

Social Science Credits Earned

out of 2.

One Additional Year of English, Math or natural/physical Science

Term 1	Term 2

Additional year credits earned

out of 1.

Four additional years of English, Math, Natural/Physical Science, Social Science, Foreign Language, Comparative Religion, or Philosophy

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	Term 7	Term 8

Four Additional Years Credits Earned

out of 4.

Total Credits Earned**Total Term Boxes Filled**

To calculate Core Credits GPA, add together the Grade point numbers in the term boxes, then divide by the number of boxes filled. Note: do not divide by core credits overall, divide by the number of boxes filled, as each GPA score is represented by .5 credits.

Core Credits GPA**SAT Score:** Verbal and Math Only**ACT Score:** Summative

Compare your core credits GPA and SAT or ACT score to the sliding scale below

NCAA GPA/Test Score Sliding Scale

Use for Division I beginning August 1, 2016

NCAA DIVISION I SLIDING SCALE – The information in this scale was retrieved from www.ncaa.com

GPA of 2.29 to 2.0 (marked in red) denote a qualification for an academic redshirt, and is not a full NCAA qualifier.

Core GPA	SAT Verbal and Math ONLY	ACT Sum
3.550	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43

3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50

3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	60
2.700	740	61
2.675	750	61
2.650	760	62
2.625	770	63

2.600	780	64
2.575	790	65

2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840	70
2.425	850	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.299	910	76
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	81
2.125	970	82
2.100	980	83

2.075	990	84
2.050	1000	85
2.025	1010	86
2.000	1020	86

This NCAA Eligibility Tracker form is inspired by a worksheet, which was created by Kris Anderson Johnson.